

Great Falls 'Family of Writers' Comes Together

NEWS, PAGE 3



From left, Daniela Dixon, Branch Manager, welcomes the Great Falls Writer's Group facilitator Kristin Clark Taylor to the Great Falls Library.

Rotary Club Launches Foundation

NEWS, PAGE 3

Having Fun on Tennis Courts

SPORTS, PAGE 12

OPINION, PAGE 6 ♦ ENTERTAINMENT, PAGE 8 ♦ SPORTS, PAGE 12 ♦ CLASSIFIEDS, PAGE 14

PHOTO BY JEAN JIANOS/THE CONNECTION

MAISON ET JARDIN, LTD.



**OUTDOOR FURNITURE • PLANTERS & FOUNTAINS • HOME
ACCESSORIES & TABLE TOP • ARTIFICIAL FLORALS &
TREES • PICTURE FRAMES • WALL DÉCOR
INTERIOR ACCENT FURNITURE AND MORE!**

**AUTHORIZED DEALER OF
SUMMER CLASSICS OUTDOOR FURNITURE
& HADDONSTONE GARDEN ORNAMENTS**

**9867 GEORGETOWN PIKE, GREAT FALLS, VA 703.759.2825
www.MaisonEtJardinLtd.com**

Great Falls Library Branch Manager Daniela Dixon and local Great Falls author Kristin Clark Taylor meet to discuss the launch of the Great Falls Writer's Group.



PHOTO BY
JEAN T. JIANOS/
THE CONNECTION

Great Falls 'Family of Writers' Comes Together

Inaugural meeting of Great Falls Writer's Group to be held on Thursday, Aug. 8.

BY JEAN T. JIANOS
THE CONNECTION

The Great Falls Writer's Group (GFWG) will be holding its inaugural meeting at the Great Falls Library on Thursday, Aug. 8, at 11:30 a.m. According to local Great Falls author, Kristin Clark Taylor, who will be acting as the group facilitator, the objective of the GFWG is, "to bring together, on a regular basis, local writers, authors and would-be authors to discuss, explore and examine the joy of writing, and to encourage its daily practice." The GFWG invites any member of the community with a serious intent and desire to incorporate writing in to their daily lives, to participate and to contribute their creative energy. "Writing itself, as a solitary discipline is one thing; but the collective sharing of the passion for writing is yet another thing altogether," says Taylor, "I'm very excited about the creation and launch of this new group; this new family of writers. I feel the same rush of excitement today about bringing together this creative, collaborative group as I did as a member of the creation and launch team of USA Today."

DANIELA DIXON, Branch Manager of the Great Falls Library, says that, "the library is here for exactly this kind of thing; we want people to be able to share their passions and interests here at the library." The GFWG plans to hold regularly scheduled meetings at the library, and Dixon has indicated that the library will post notices and flyers provided by the GFWG. In addition, meetings of the GFWG will appear in the Great Falls Library Schedule of Events

online beginning in October at: <https://va.evanced.info/fairfaxcounty/lib/eventcalendar.asp>.

One local resident who will be participating in the GFWG is Susan V. Coleman of Reston. Coleman is a Registered Nurse with a master's degree in public health, and a Clinical instructor in the School of Nursing and Health Studies at Georgetown University. She has published professional texts and papers, but she says that,

"My interest in the group is really more for personal development than professional. In my line of work writing is all about 'evidence based practice' but I would really like to develop a creative aspect of myself and incorporate it into my professional and personal thoughts and experiences . . . I think the group process will add new dimensions, creativity and energy into my thinking and writing. I am definitely of the mind that group thinking is vital to forward progress, so am excited to be part of a new group of writers - sharing a common interest yet having individual goals and backgrounds that are likely very different."

Taylor says that the programs of the GFWG will, "focus on not only the practical applicability and joy that comes from writing as a daily exercise, but also on the business side — how to get published, secure an agent, etc."

AS FACILITATOR, she intends to invite guest writers in to speak, including Pulitzer-prize-winning journalists, best-selling authors and local columnists, all of whom, together with Taylor,

share what she describes as, "that powerful passion for the craft itself." She believes that the value of the GFWG will be in its ability to provide the kind of, "experiential learning that will light that spark, . . . inspire others to come along for the journey . . . to delve into the joy of the writing process themselves."

The Great Falls Library is located at 9830 Georgetown Pike in Great Falls. Phone: 703-757-8560.

To read more about Kristin Clark Taylor, visit <http://connection.membershipsoftware.org/article.asp?article=349658&paper=65&cat=104>.

"Writing itself, as a solitary discipline is one thing; but the collective sharing of the passion for writing is yet another thing altogether."

— Great Falls author Kristin Clark Taylor



PHOTOS CONTRIBUTED

The Great Falls Rotary Club, pictured here at its inaugural meeting, has started a 501(c)3 foundation.

Rotary Club Launches Foundation

Foundation will allow for tax deductible donations.

BY ALEX McVEIGH
THE CONNECTION

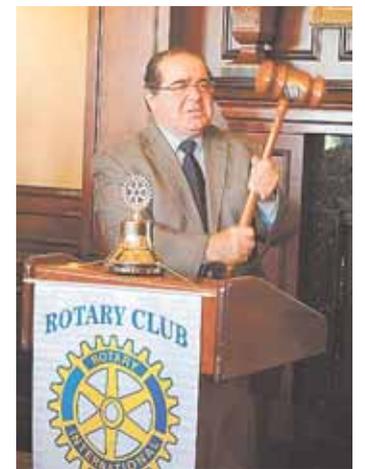
In their first two years, the Rotary Club of Great Falls has experienced almost unprecedented growth, quickly becoming one of the fastest growing clubs in Rotary International. Now they have taken the next step to reach deeper into the community, founding a 501(c)3, the Rotary Club of Great Falls, Virginia Foundation.

"Our community is truly fortunate to have so many adults and youth interested in helping others. The newly-created foundation enables us to now offer tax incentives to donors who are attracted to Rotary's mission of Service Above Self," said Jeff Thinnies, past president of the Great Falls Rotary and chair of the foundation. "Increasing our fundraising capacity will enable us to engage in even more service projects. That is very exciting."

The club itself is a 501(c)4, which is a nonprofit with social welfare as their primary goal. However, donations to a 501(c)4 are not tax deductible. The new foundation's 501(c)3 status allows for donors to take tax deductions.

"The foundation is an extension of the club, it's a mechanism a lot of Rotary Clubs have used to increase support for our service projects," said Chris Schindler, a trustee and secretary of the foundation. "Our goal is to make this a long-term part of the club's legacy, where hopefully we can build capital and use it to support a variety of causes."

With the foundation in its earliest stages, they haven't developed concrete ideas, but members say education initia-



Supreme Court Justice Antonin Scalia presents a gift to the Great Falls Rotary Club.

tives will be one of its top priorities.

"The main goal will be to give opportunities to those who can't afford it," Schindler said. "When it comes to education, that could mean things like scholarships and funding trips abroad, we're open to all ideas."

Since its founding in 2011, the club has supported many causes, both locally and around the world. In Fairfax County, they have helped build drainage piping at the Embury Rucker Community Shelter in Reston, supported the Hispanics Against Child Abuse and Neglect program in Bailey's Crossroads, sponsored an early readers program at Great Falls Elementary School and adopted a segment of Georgetown Pike.

They have also sponsored high school and middle school level Interact Clubs, which is the youth branch of Rotary.

They have also supported an orphanage in Ukraine and provided food and clothing to a community in Honduras.

More information is available at www.rotarygreatfalls.org.

Preserving Garden Herbs For Year-round Use

Many fresh garden grown herbs can be preserved and used year round by drying the herbs by air, in the oven, in special dehydrators or a microwave. In addition, some herbs may be frozen or put in oil for future use.

This is about air drying.

Harvest herbs from the garden. Use strong scissors or shears to snip the herbs. If the herbs are perennial (survive the winter) cut the stems at the base of the plant. Other herbs can be entirely pulled out at the roots. Cut all herbs used for drying in a way that leaves them with long stems.

Make sure the harvest is before they flower in order to maximize flavor.

Wash dirty herbs carefully. Use a gentle water spray to wash off dirt and dust. Pat them with a paper towel or shake dry to prevent mildew. Place them on rolled out newspaper to dry for several days, making sure to change the paper a few times to eliminate moisture, turn the herbs over to maximizing drying.

Dry carefully and thoroughly.

After initially drying the herbs in the open air for 2-3 days to get rid of all surface moisture, prepared for the final drying stage.

Less tender herbs: The more sturdy herbs such as rosemary, sage, thyme, summer savory and parsley are the easiest to dry and can be dried flat in the open. However, it is best to tie them into small bundles and hang them upside down in a cool, dry place. However, to protect the herbs better results are obtained in most cases if the herbs are placed in a bag or cone. Better color and flavor retention usually results from drying indoors.

Tender-leaf herbs: Basil, oregano, tarragon, lemon balm and the mints have high moisture content and will mold if not dried quickly. Hanging the tender-leaf herbs inside paper bags to dry. Tear or punch holes in the sides of the bag. Suspend a small bunch (large amounts will mold) of herbs in a bag and close the top with a rubber band.

In place of a bag, use newspaper to form an open-end cone. Twine and string makes hanging and bundling simple. The opening at the bottom provides airflow and makes it easier to check the pace of drying.

Leave the herbs to dry for 1-3 weeks. Check them every now and then to see how they are drying—thicker stemmed herbs will take longer. Check to see if the consistency has become crumbly by rubbing a leaf between two fingers. If they crumble, they are ready to be taken down.

Remove the leaves by stripping them off the stems and bottle them in airtight glass jars. Do not use metal containers for storage because they will adversely react with the herbs.

Pick out any fluff, woody pieces, stems and other foreign material as you remove the leaves. You can keep the leaves whole or crush them in your fingers to make a really fine ground mix for cooking. The finer the ground, the quicker the flavor is diminished over time. Label the jar and date it. Store the herbs for up to one year.

A special note for basil: It can be combined with oil, grated hard cheese and nuts to make a variety of



Jack Nutter explains how to clip herbs carefully, as the first step in the drying process.

PHOTOS CONTRIBUTED



Jack Nutter, the avid gardener, with his wife Maggie McNeil, a superb cook, with herb plants, just-cut herb clippings, a hanging rack for drying and bottles of the dried herbs to smell the presence of the herbal oils in the dried leaves.

pestos that can be stored in the freezer for months.

Other tips

Frozen herbs will not ever work as a garnish—they're only good for cooking.

If you want to cut the herbs twice in one season, only harvest small amounts for the first harvest. This will leave energy for the herbs to grow through to the last harvest, which should be more bountiful.

Dried herbs are more potent than fresh. As a rule of thumb, one teaspoon of dried herb equals one tablespoon of fresh herb. Don't overdo dried herbs as too much will change or even ruin the entire dish.

The best time to harvest is before the sun beats down and draws out the volatile oils. Late morning is usually good so the herbs will retain their flavor longer and are less prone to mildew problems.

Herbs used for their leaves are best picked before flowering because they contain the maximum amount of volatile oils prior to blossoming.

Prepared by Jack O. Nutter for the Great Falls Farmers Market, July 2013.

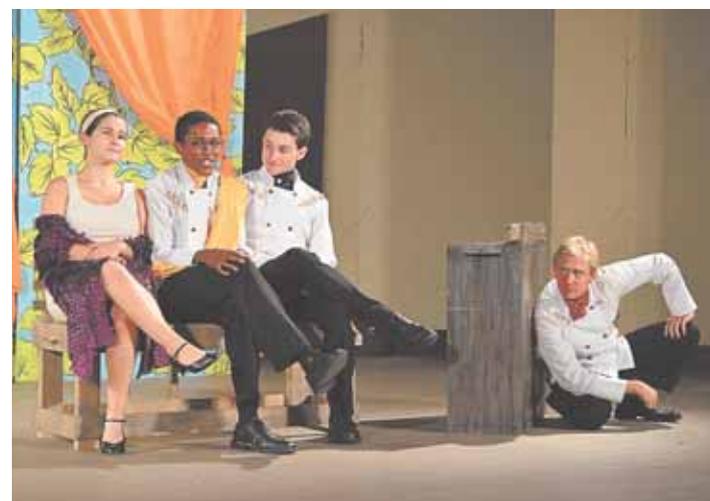


PHOTO BY NOAH PILCHEN

Local high school students, from left, Maresca Brand, Ryan Fields, Ben Stein-Lubrano, and Christopher Baughman, are on the road with the Traveling Players Ensemble production of "Much Ado About Nothing." The troupe will be back in town Friday, Aug. 9 at Madeira School, for the play's closing night.

Shakespeare in The Park

The Traveling Players Ensemble presenting "Much Ado About Nothing" at The Madeira School.

BY LORI BAKER
THE CONNECTION

The Traveling Players Ensemble will present Shakespeare's "Much Ado About Nothing" Friday, Aug. 9 at The Madeira School in Great Falls. The traveling troupe is currently on a two-week tour, presenting the play throughout Virginia, and into West Virginia. The Madeira School, which serves as the group's home base, will host the closing night of the production.

This Traveling Players troupe, made up of high school students, has been rehearsing the play

for five weeks. "It's one of Shakespeare's better plays," said TPE Producing Artistic Director, Jeanne Harrison. "People don't suspect that. It's a really good one. It's fun. It's about how scary it is to fall in love. It's a great play to work on with teenagers," she said.

The Traveling Players Ensemble, which was founded by Harrison 11 years ago, has a variety of programs for youth who enjoy drama and the outdoors. The troupe currently on tour with "Much Ado About Nothing," features a cast of 13 stu-

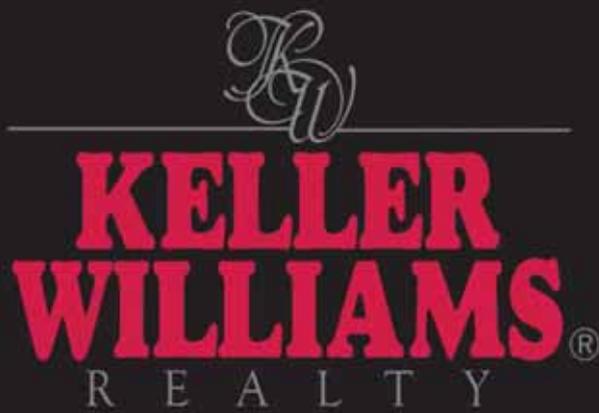


PHOTO BY PATRICK SMITH

Maya Chapman Wong and Christopher Baughman in "Much Ado About Nothing."

dents who auditioned for the show in January. They were cast in May, and according to Harrison, have been thinking about the show ever since. They travel by backpack, or on the often-sighted TPE purple bus. The troupe will camp during the entire two-week tour, and present its closing night Friday, August 9 at The Madeira School.

Tickets for the Aug. 9 production are \$10. The show will be followed by a silent auction, which will benefit the non-profit Traveling Players Ensemble.



Bob Nelson



Kelly Putz



Tim Heil



Michelle Cornejo



Bridget Schmitz
Commercial Agent

The Bob Nelson Team

VA/DC/MD

www.GreatFallsTeam.com ~ 703-999-5812 ~ 703-636-7300

774A Walker Road, Great Falls, VA 22066



FX8137055 - \$1,350,000 - Great Falls
10722 Fawn Dr, cedar and stone contemporary
on over 5 private acres. 4BR, 4.5BA with
multiple decks, lots of windows bring the
outdoors inside!



FX8046385 - \$1,350,000 - Great Falls
700 Parrish Farm, 5BR, 4BA,
3 quiet wooded acres, granite and cherry kitchen
huge walk-out rec room, sumptuous MBA



11100 Tommye Lane - \$1,200,000 Reston
Minutes to Tysons or Reston, 5BR, 5.5BA
each bedroom has its own bath and master has a
suite of rooms. Home theatre with projector,
library with built-in bookcases.



FX8065912 - \$1,735,000 - Great Falls
980 Arnon Chapel Rd 5BR, 5.5BA, separate
guest house, butler's pantry, media room, 5
fireplaces, panoramic breakfast room!



\$1,800,000 - McLean - 7009 Green Oak
5 Bedrooms, 5 Full Baths, 2 Half Baths
with over 7,000 sq. ft. of living space.
10 mins. from DC.



\$724,952 - 2952 Mills Ave NE - Washington, DC
Over 2,500 sq ft, 4BR, 3.5BA, en-law suite in walkout basement
2-car detached garage, 9-ft ceilings, everything new!
Walk to Langdon Park, just off Rhode Island Ave.
For showings call 703-961-8663



FX8051316 - \$1,285,000
897 Falls Bridge Ln,
Great Falls, 6BR, 4.5BA,
beautiful brick colonial
hardwoods, dual
staircase, gourmet
kitchen.



FX8044281 - \$770,000
8728 FOXHALL TER
4BR, 4.5BA, finished
basement, 4,200 sq ft
renovated baths and
kitchen.



FX8046045 - \$850,000
10611 Allenwood Lane, 5BR,
3.5BA, Frank Lloyd Wright
style with over 5 wooded
acres and large pond!



\$369,900 - Jefferson, MD
4320 Teen Barnes, 3BR, 3BA,
1/2 acre with mountain views,
finished walk out basement
2-car detached garage,
very picturesque.
Call 703-961-8663

Join us for dinner on August 12 at our next
Military Appreciation Monday (MAM)

event at The Old Brogue in Great Falls.

We will be hosting **LIFT ME UP!**

The Old Brogue is located at the corner of Georgetown Pike and Walker Road in Great Falls.

Call (703) 759-3309 to reserve your table at either the 5:30 or the 7:30 seating.

Bob and his co-sponsors will each make a 10% matching donation of your dinner tab!

Visit www.kwmcleangolf2013.com
to learn about this year's charity golf
tournament on October 28th at
Trump National

Bob Nelson

Realtor, Keller Williams Realty

A Lifetime of Service to Community & Country

Office: 703-636-7300

Cell: 703-999-5812

Bob@GreatFallsTeam.com

www.GreatFallsTeam.com



Enjoy Tax Holiday, Donate School Supplies

Good timing to help those in need.

It is debatable whether recurring tax holidays for different seasonal needs are good policy. But since this weekend is Virginia's tax holiday on school supplies and clothing, it makes sense to take advantage of the savings, and to spread the wealth around. The savings are more significant this year with the new sales tax increases in effect as of July 1.

This year the tax holiday is Aug. 2-4. During this three-day period, school supplies selling for \$20 or less per item, and clothing and footwear selling for \$100 or less per item will be

exempt from Virginia sales tax. There are some items that do not qualify, for example digital school supplies. See <http://www.tax.virginia.gov/> for more details.

When you are buying school supplies for your family, buy extra to donate to local families who are not able to afford to do the same. In Fairfax County, more than 40,000 students are poor enough to qualify for free or reduced price meals at school.

EDITORIAL

In Fairfax County, local nonprofits, Fairfax County Public Schools and corporate partners are collecting school supplies and backpacks. Monetary donations and backpacks are being accepted by eight local nonprofits and through local Apple and Northwest Federal Credit Union Branches, as well as online at <http://collectforkids.org/donate/>

through Aug. 23. Last year the drive provided supplies for nearly 20,000 students. A \$10 cash donation goes a long way.

Nonprofits partnering in this collection effort include Koinonia, New Hope Church, Northern Virginia Family Service, Our Daily Bread, Reston Interfaith, United Community Ministries, Western Fairfax Christian Ministries.

For more ideas, see the Collect for Kids website at <http://collectforkids.org>.

FACETS is also collecting contributions of money, school supplies and backpacks. Last year, FACETS gave backpacks filled with supplies to more than 300 needy students. Contact Liz Griffith, Development Coordinator at 703-352-3268 or lgriffith@facetscares.org. See <http://facetscares.org/wp-content/uploads/2011/07/SchoolSupplyFlyerFY14.pdf>.

New Lyme Disease Legislation Now in Effect

BY BARBARA COMSTOCK
STATE DELEGATE (R-34)



On July 1, the Lyme Disease Testing Information Disclosure Act that I sponsored this year went into effect. Virginia is now the first state in the nation to disseminate information about testing problems directly to those who are suffering from Lyme Disease. This patient-centered measure enables patients to seek additional testing, if necessary, as well as receive appropriate and timely treatment. I've already seen this information posted in doctors' offices around our area, in compliance with the new law, and other states impacted are looking to take action too.

We modeled our Lyme legislation on an earlier bill we passed which provided information to women about problems in identifying breast cancer in women with dense breast tissue. In both cases, getting more information to patients both empowers and helps them seek additional treatments or information to help them battle these diseases.

I've heard from so many people in our community who are battling Lyme. Since I first took office, I have worked with leaders throughout Northern Virginia, including our Congressman Frank Wolf and Lyme Disease prevention advocates, to increase public awareness of this public health threat. In 2011, I passed a resolution to permanently designate May as Lyme Disease Awareness Month in Virginia.

The Lyme Disease Testing Information Disclosure Act that we passed this year simply requires health care providers to notify those tested for Lyme Disease that tests can produce a high rate of false negative results. The tests for Lyme only

become more accurate the longer the disease is in your body. We worked with McLean's Monte Skall and members of the National Capital Lyme Disease Association and were assisted by many of their volunteers who worked tirelessly to get their stories about failing to detect Lyme to legislators throughout Northern Virginia and the Commonwealth. It was the grassroots support and these stories that generated the winning bipartisan margin. Sharon Rainey of Great Falls, another tireless advocate who helps those in our community with Lyme Disease, was also a leader who worked with us to make this legislation a reality.

We need better and more accurate testing to help promote earlier diagnosis and treatment for this devastating illness, and are fortunate that the medical community in our area is working to find solutions. For example, in May, I joined some of my colleagues for a meeting with researchers from George Mason University's Center for Applied Proteomics and Molecular Medicine (CAPMM) and business partner Ceres Nanoscience to learn more about a new technology that will dramatically improve detection of Lyme Disease.

The lead researcher on the project is George Mason Assistant Professor, Dr. Alessandra Luchini, recently named as one of the "Brilliant 10" scientists under the age of 40 by Popular Science magazine. Her team and their partners at Ceres Nanoscience have been dedicated to refining their work on a new technology called a Nanotrap that will dramatically improve detection of Lyme Disease at much earlier stages. This testing also could lead to earlier cancer testing.

Dr. Chip Petricoin, Co-Director of CAPMM and Director of Science at Ceres Nanoscience explained the Nanotrap as a "vacuum cleaner for

infectious disease markers", able to "identify evidence of the disease when it is 2000 times smaller" than what can be identified with current testing processes.

Dr. Lance Liotta, also co-director of CAPMM and Director of Science at Ceres Nanoscience, noted that use of the Nanotrap test will "dramatically reduce the false negatives of current testing processes and lead to earlier and greatly improved treatment outcomes for those suffering from Lyme Disease."

I look forward to continuing to work with doctors, members of the Lyme community, neighbors, family and friends to increase public awareness of Lyme Disease and to ensure patient-centered medical care for all Virginians.

Lyme disease is the most commonly reported "vector-borne" illness in the United States. ("Vector" refers to a toxic microbe in the blood caused by a bug bite, such as a tick bite.) The Virginia Department of Health reports that there were an estimated 1,110 cases of Lyme disease in the state in 2012, up 9 percent from 2011. And cases were reported in all regions of Virginia.

Early symptoms of Lyme disease may include headache, stiff neck, fever, muscle aches and fatigue. If left untreated or if treatment is delayed, the disease can become chronic with serious, debilitating complications, such as joint pain and swelling, heart disease, neurological problems (e.g., Bell's palsy), dizziness, irritability, ADHD-like symptoms, cognitive dysfunction, muscle weakness and neuropathy.

For more information about Lyme you can check the following resources:

<http://wolf.house.gov/index.cfm?sectionid=223§iontree=7,223>
<http://natcaplyme.org/lyme-topics/overview.html>

LETTERS TO THE EDITOR

Actions vs. Words

To the Editor:

It is well known that a person's actions speak louder than their words. To really know someone we must examine what they do, not what they say. Governor McDonnell has given us much to examine from

the moment he ran for office. During his election campaign he said that he had a plan that would solve Virginia's transportation problems. Over three years later that plan seems to have been to raise our taxes, and with the help of our elected officials that is just what he did. Some plan. He tried to sell a money-mak-

ing entity, the ABC stores, to private interests. Good thing that did not happen. During his time in office he and his family received monetary and other gifts from a wealthy businessman seeking political access. He has returned some of the gifts as well as paid back tax payer money spent on personal expenses. Now he has

lawyers and a public relations professional to help him formulate the words that he hopes will influence the way he is seen and thus improve his image. But his actions have already spoken for him.

Rebecca Horahan
McLean

www.ConnectionNewspapers.com

An independent, locally owned weekly newspaper delivered to homes and businesses.

Published by
Local Media Connection LLC

1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box. Go to connectionnewspapers.com/subscribe

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
greatfalls@connectionnewspapers.com

Kemal Kurspahic
Editor ♦ 703-778-9414
kemal@connectionnewspapers.com

Chelsea Bryan
Editorial Assistant
703-778-9410 ext.427
cbryan@connectionnewspapers.com

Alex McVeigh
Community Reporter
703-778-9441
amcveigh@connectionnewspapers.com
[@AMcVeighConnect](https://twitter.com/AMcVeighConnect)

Victoria Ross
County Reporter ♦ 301-502-6027
rosspinning@yahoo.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Salome Howard-Gaibler
Display Advertising
703-778-9421
salome@connectionnewspapers.com

Andrea Smith
Classified Advertising
703-778-9411
classified@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
[@MaryKimm](https://twitter.com/MaryKimm)

Executive Vice President
Jerry Vernon
jvernon@connectionnewspapers.com

Editor in Chief

Steven Mauren

Managing Editor

Kemal Kurspahic

Photography:

Deb Cobb, Louise Krafft,

Craig Sterbutzel

Art/Design:

Laurence Foong, John Heinly

Production Manager:

Jean Card

Geovani Flores

Special Assistant to the Publisher
Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
[@TheismannMedia](https://twitter.com/TheismannMedia)

CIRCULATION: 703-778-9426
Circulation Manager:
Linda Pecquex
circulation@connectionnewspapers.com



NEWS



PHOTOS COURTESY OF OLGA AND LOU DeSANTI

The Great Falls Senior Center (GFSC) held its first member luncheon Wednesday, July 24 at L'Auberge Chez Francois.

Great Falls Senior Center Holds Luncheon at Chez Francois

The Great Falls Senior Center (GFSC) held its first member luncheon Wednesday, July 24 at L'Auberge Chez Francois. Attended by a capacity guest list, the luncheon is viewed as the first in a series for those who become members of the center.

GFSC collaborated with the nationally recognized host and Chef Jacques Haeringer to plan the event. Toward the end of the luncheon, he appeared to the applause of the 60 appreciative diners.

GFSC's mission is to enrich the lives of the community's mature adults with stimulating programs and social networking opportunities. It holds monthly

programs, open to all seniors, that generally cover one topic and are presented by an expert in that field. Membership is available for \$10 a year and includes benefits such as voting rights for the Board of Directors elections in December 2013.

Those interested in learning more about the center, its programs or membership can contact Linda Fernald, communications chair, at linda.fernald1@verizon.net or 703-759-3721. For membership only, send check payable to GFSC (not tax-deductible), P.O. Box 425, Great Falls, VA 22066 with name, mailing address, phone number and e-mail.

Popular Throughout the Mid-Atlantic. Now Coming to Great Falls.



Vibrant Community
Great gathering places to connect and engage; transportation services offering you *freedom* to get out and about.

Vibrant People
Everyone shares a *spirit of vibrant living*; programs to keep your mind, body and spirit at their best.



Vibrant Lifestyle
High-energy *fun* to quiet relaxation and a social life as full as you want it to be.

Vibrant Company
Proven track record and outstanding residents and associates.



BRIGHTVIEW
GREAT FALLS
ASSISTED LIVING

10200 Colvin Run Rd. • Great Falls, VA 22066
BrightviewGreatFalls.com



Welcome Center Now Open
Located at 1146-E Walker Rd.
in Leigh Corners Office Suites

Please call for more information.

703-759-2513



SUN DESIGN INVITES YOU TO TOUR TWO REMODELED HOMES IN LEESBURG!

SATURDAY, AUGUST 10THTH, 10AM-4PM



18706 Woodburn Road
Tour a reconfigured gourmet kitchen, sunroom addition, and master bedroom suite to include an enlarged master bath with his and her closets.

41077 Nestlewood Road
WHOLE HOUSE REMODEL!
Tour a rustic kitchen, renovated family room, enlarged in-law suite, garage converted into master suite... and much more!

Special Thanks to Our Sponsors:



Ogun Heporen
703-204-2222
FairfaxMarble.com

SUN DESIGN

design/build | additions | kitchens | baths | basements | outdoor spaces
703-425-5588 SunDesignInc.com info@SunDesignInc.com

PRE-STORM GENERATOR SALE! DON'T BE LEFT IN THE DARK!

Buy early
and SAVE!



SPECIAL PRE-STORM SAVINGS:

- (PM0101207) 1200 WATT GENERATOR... **\$252**
 - (PM0103007) 3000 WATT GENERATOR... **\$376**
 - (PM0105007) 5000 WATT GENERATOR... **\$601**
 - (PM0106507) 6500 WATT GENERATOR W/ELECTRIC START... **\$743**
- Expires 8/31/13



Powermate
GENERATOR
POWER.
When you need it.

Capital Rentals

12716 Lee Hwy., Fairfax, VA 22030 • 703-803-8585

ENTERTAINMENT

Send announcements to greatfalls@connectionnewspapers.com. Deadline is Friday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

WEDNESDAY/JULY 31

Timbaloo. 10:30 a.m., at Filene Center, 1551 Trap Road, Vienna. Oran Etkin, with Clara the Clarinet and Big Mama Tuba introduce children to world music and jazz through storytelling and songs. \$8. http://www.wolftrap.org/Filene_Center.aspx

SOJA With John Butler Trio. 7 p.m., at the Filene Center at Wolf Trap National Park, 1551 Trap Road, Vienna. Reggae-rockers perform tracks from their Bob Marley-inspired album *Strength to Survive*; the locally-based band that has collaborated with Dave Matthews Band, Matisyahu and more performs with the John Butler Trio, a guitar-drum-bass outfit presenting Celtic, Indian, folk, blues and reggae roots from their latest album, *Tin Shed Tales*. www.wolftrap.org

THURSDAY/AUG. 1

Robbie Schaefer. 10:30 a.m., at Filene Center, 1551 Trap Road, Vienna. Robbie Schaefer performs tunes from his CD, *Songs for Kids Like Us*, while also performing latest songs. \$10. http://www.wolftrap.org/Filene_Center.aspx

Mystic Warriors. 7:30-8:30 p.m., at Nottoway Park, 9537 Courthouse Road, Vienna. The mixture of various flutes, string and percussion instruments gives Mystic Warriors a unique sound. www.mysticwarriors.com



"Seat by the Window: Montmartre," oil by Jill Banks, 24" h x 36" w, by Jill Banks. Banks will be giving a fun, educational painting demonstration with two dancers from the School of Theatrical Dance in Great Falls modeling 1-4 p.m. Aug. 10. During the show, Banks invites all guests willing to try their hand at putting what they see to paper to participate in a sketching session with provided pencils or crayons.; RSVP to 703-403-7435.

Warner Bros. presents Bugs Bunny at the Symphony II. 8:30 p.m., at Filene Center, 1551 Trap Road, Vienna. Bugs Bunny and his friends come to life with cartoons shown on the huge screens in-house and on the lawn while the score is played live by the NSO, conducted by George Daugherty. \$22-\$55. http://www.wolftrap.org/Filene_Center.aspx

FRIDAY/AUG. 2

Doctor Kaboom! 10:30 a.m., at Filene Center, 1551 Trap Road, Vienna. Science wiz demonstrates explosive

comedy in an interactive show that explores scientific process through experiments. \$10. http://www.wolftrap.org/Filene_Center.aspx

Clarence Buffalo. 6:30 p.m., at 144 Maple Ave. E., Vienna. Listen to Clarence Buffalo play soul rock on the green. <http://www.viennava.gov>

Warner Bros. presents Bugs Bunny at the Symphony II. 8:30 p.m., at Filene Center, 1551 Trap Road, Vienna. Bugs Bunny and his friends come to life with cartoons shown on the huge screens in-house and on the lawn while the score is played live by the NSO, conducted by George

Daugherty. \$22-\$55. http://www.wolftrap.org/Filene_Center.aspx

SATURDAY/AUG. 3

Doctor Kaboom! 10:30 a.m., at Filene Center, 1551 Trap Road, Vienna. Science wiz demonstrates explosive comedy in an interactive show that explores scientific process through experiments. \$10. http://www.wolftrap.org/Filene_Center.aspx

Richard Walton Group. 6:30 p.m., at Filene Center, 1551 Trap Road, Vienna. Rescheduled from June 30, jazz group the Richard Walton Group will perform at the Town Green as part of the Summer on the Green Concert Series. www.viennava.gov/index.aspx?NID=879

Singin' in the Rain. 8:30 p.m., at Filene Center, 1551 Trap Road, Vienna. Watch the remastered film on huge screens in-house and on the lawn as the NSO directed by Emil de Cou play the orchestral score of *Singin' in the Rain*. \$22-\$55. http://www.wolftrap.org/Filene_Center.aspx

SUNDAY/AUG. 4

SoHo Down. 6:30 p.m., at 144 Maple Ave. E., Vienna. SoHo Down performs country music. <http://www.viennava.gov>

Bruce Hornsby & the Noisemakers. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Grammy-winning pianist Bruce Hornsby and his touring band showcase their multiple genres and improvisational skills at Wolf Trap. Opening is Americana newgrass band Railroad Earth. \$25-\$42. 1-877-965-3872 or <http://www.wolftrap.org>

MONDAY/AUG. 5

One Republic, Mayer Hawthorne, and Churchill. 7 p.m., at Filene Center, 1551 Trap Road, Vienna. These performers share the stage in a musically varied evening of rock, retro-soul, and indie acoustic tunes. \$30-\$45. 1-877-965-3872 or <http://www.wolftrap.org>

TUESDAY/AUG. 6

The Lion's Whiskers. 10:30 a.m., at Filene Center, 1551 Trap Road, Vienna. Catskill Puppet Theatre shares an Ethiopian folktale of a woman who tries to gain love of her new stepson. \$8. http://www.wolftrap.org/Filene_Center.aspx

Under the Sun Featuring: Smash Mouth, Sugar Ray, Gin Blossoms, Vertical Horizon and Fastball. 7 p.m., at Filene Center, 1551 Trap Road, Vienna. A wave of popular all-rock bands takes over Wolf Trap for a one-night-only performance on their Under the Sun tour. \$28-\$42. 1-877-965-3872 or <http://www.wolftrap.org>

WEDNESDAY/AUG. 7

The Lion's Whiskers. 10:30 a.m., at Filene Center, 1551 Trap Road, Vienna. Catskill Puppet Theatre shares an Ethiopian folktale of a woman who tries to gain love of her new stepson. \$10. http://www.wolftrap.org/Filene_Center.aspx

Ballroom with a Twist. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Emmy-nominated choreographer Louis van Amstel leads a select group of stars from TV's talent competitions in a performance

that features dance routines set to music hits. \$25-\$48. 1-877-965-3872 or <http://www.wolftrap.org>

THURSDAY/AUG. 8

Culkin School of Traditional Irish Dance and The Bog Band. 10:30 a.m., at Filene Center, 1551 Trap Road, Vienna. Enjoy the Celtic spirit with Theatre-in-the-Woods favorites, accompanied by Irish melodies of the Bog Band. \$10. http://www.wolftrap.org/Filene_Center.aspx

Kingsley Winter Band. 6:30 p.m., at 144 Maple Ave. E., Vienna. The Kingsley Winter Band plays original rock music. <http://www.viennava.gov>

Wildfire Chimay Brewery Beer Dinner. 6:30 p.m., at Wildfire, 2001 International Drive, McLean. Chef Eddie Ishaq has created a custom four-course menu of food and beer pairings and Nick Smith of Chimay Brewery speaks about the beers; reception precedes 7 p.m. seated dinner. \$60. 703-442-9110.

Don McLean and Judy Collins. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Two singer/songwriters share their influential folk and rock anthems. \$22-\$42. 1-877-965-3872 or <http://www.wolftrap.org>

Falstaff. 8 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

Wayne Tympanick. 6:30 p.m., at 144 Maple Ave. E., Vienna. Listen to Wayne Tympanick play jazz and dixieland music. <http://www.viennava.gov>

Frampton's Guitar Circus Featuring: Peter Frampton and B.B. King. 7:30 p.m., at Filene Center, 1551 Trap Road, Vienna. Frampton, the British rocker behind hits like "Baby, I Love Your Way" and "Show Me the Way," joins fellow guitarist B.B. King. \$30-\$45. 1-877-965-3872 or <http://www.wolftrap.org>

FRIDAY/AUG. 9

Don McLean and Judy Collins. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Two singer/songwriters share their influential folk and rock anthems. \$22-\$42. 1-877-965-3872 or <http://www.wolftrap.org>

Falstaff. 8 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

Don McLean and Judy Collins. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Two singer/songwriters share their influential folk and rock anthems. \$22-\$42. 1-877-965-3872 or <http://www.wolftrap.org>

Falstaff. 8 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

Falstaff. 8 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

Falstaff. 8 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

Ke\$ha. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Ke\$ha brings her electro-pop tracks and edgy style to Wolf Trap for the first time. \$38-\$48. 1-877-965-3872 or <http://www.wolftrap.org>

TUESDAY/AUG. 13

Huey Lewis & The News "Sports" 30th Anniversary Tour. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Grammy-winning and Oscar-nominated, Huey Lewis & The News, play hits including "The Heart of Rock 'n' Roll" and "The Power of Love." \$25-\$42. 1-877-965-3872 or <http://www.wolftrap.org>

SUNDAY/AUG. 11

Falstaff. 3 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

Wayne Tympanick. 6:30 p.m., at 144 Maple Ave. E., Vienna. Listen to Wayne Tympanick play jazz and dixieland music. <http://www.viennava.gov>

Frampton's Guitar Circus Featuring: Peter Frampton and B.B. King. 7:30 p.m., at Filene Center, 1551 Trap Road, Vienna. Frampton, the British rocker behind hits like "Baby, I Love Your Way" and "Show Me the Way," joins fellow guitarist B.B. King. \$30-\$45. 1-877-965-3872 or <http://www.wolftrap.org>

MONDAY/AUG. 12

Ke\$ha. 8 p.m., at Filene Center, 1551

Trap Road, Vienna. Ke\$ha brings her electro-pop tracks and edgy style to Wolf Trap for the first time. \$38-\$48. 1-877-965-3872 or <http://www.wolftrap.org>

TUESDAY/AUG. 13

Huey Lewis & The News "Sports" 30th Anniversary Tour. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Grammy-winning and Oscar-nominated, Huey Lewis & The News, play hits including "The Heart of Rock 'n' Roll" and "The Power of Love." \$25-\$42. 1-877-965-3872 or <http://www.wolftrap.org>

WEDNESDAY/AUG. 14

Diana Ross. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Motown singer Diana Ross returns to Wolf Trap for the first time in over a decade, with No. 1 hits like "You Can't Hurry Love," "I'm Coming Out," and "Ain't No Mountain High Enough." \$30-\$48. 1-877-965-3872 or <http://www.wolftrap.org>

Falstaff. 8 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

THURSDAY/AUG. 15

Grace Potter & The Nocturnals with Guest: Trombone Shorty & Orleans Avenue. 7:30 p.m., at Filene Center, 1551 Trap Road, Vienna. Direct from Vermont comes pop-rock band Grace Potter & The Nocturnals, whose music encompasses folk, country, blues, hard and alternative rock. \$30-\$40. 1-877-965-3872 or <http://www.wolftrap.org>

Seldom Scene. 7:30-8:30 p.m., at Nottoway Park, 9537 Courthouse Road, Vienna. The Seldom Scene has long been one of the most progressive bands in bluegrass and one of this musical genre's finest acts. www.seldomscene.com

FRIDAY/AUG. 16

US Navy Band Cruisers. 6:30 p.m., at 144 Maple Ave. E., Vienna. Listen to the US Navy Band Cruisers play their rock music on the green. <http://www.viennava.gov>

Dart Tournament. 6:30-9 p.m. American Legion Post 180, 330 Center St. N, Vienna. Compete against locals in a dart tournament hosted by the American Legion. \$15 per 2-person team. 703-938-9535 or Drjazz777@mac.com

Josh Groban. 8 p.m., at Filene Center, 1551 Trap Road, Vienna. Josh Groban comes to the Filene Center stage with hits "You Raise Me Up" and "You're Still You" in his Wolf Trap debut. \$40-\$95. 1-877-965-3872 or <http://www.wolftrap.org>

SATURDAY/AUG. 17

Falstaff. 7 p.m., The Barns, 1635 Trap Road, Vienna. The artists sing favorite opera highlights from Verdi's *Falstaff* chosen by the audience in Italian with English superlatives. \$35-\$85. <http://www.wolftrap.org/Barns.aspx>

SUNDAY/AUG. 18

Breakfast Buffet. 8 a.m.-noon. American Legion, 330 Center St. N, Vienna. Join the American Legion for a breakfast buffet including omelets, scrambled eggs, blueberry pancakes and bacon, etc. Adults \$8, children \$3. 703-938-1379.

garai
ORTHODONTIC
SPECIALISTS



Dr. Allen S. Garai

- Specialist in Orthodontics
- Diplomate, American Board of Orthodontics (Board Certified)
- Premier Invisalign Provider 2012, 2013
- Attending Faculty— Orthodontic Department Children's/Washington Hospital

"BEST ORTHODONTIST"
Washingtonian Magazine
Families Magazine
"TOP ORTHODONTISTS"
Northern Virginia Magazine

Exceptional Smiles, Exceptional Service

Dr. Garai and staff are pleased to announce the opening of our second location in Great Falls. This state of the art Orthodontic Office will provide you and your family the same level of exceptional care you have received for the past 17 years at our Vienna location. We look forward to seeing you this year at either our Vienna or Great Falls office.

Vienna
427 Maple Ave, West
Vienna, VA 22180
Great Falls
9912D Georgetown Pike
Great Falls, VA 22066



Please call our office today to schedule your Complimentary Consultation

703.281.4868
BracesVIP@gmail.com
www.BracesVIP.com

INTENSELY
INTERESTING
COMMUNITY
INVOLVED
COMMITTED
TO EXCELLENCE

THE
CONNECTION
NEWSPAPERS

THE CONNECTION
to your community

www.connectionnewspapers.com

- The Alexandria Gazette Packet
- The Mount Vernon Gazette
- The Arlington Connection
- The Burke Connection
- Centre View North
- Centre View South
- The Great Falls Connection
- The Fairfax Connection
- The Fairfax Station/Clifton/Lorton Connection
- The Oak Hill/Herndon Connection
- The McLean Connection
- The Reston Connection
- The Springfield Connection
- The Vienna/Oakton Connection
- The Potomac Almanac

Great Papers • Great Connections • Great Readers!

www.ConnectionNewspapers.com

Summer Patio Sale!

10% Off Design
& Installation of Patios*

*contracts signed in August, 2013

10% OFF
All Hardscaping
August Special

Blooming Tropicals
25% Off
includes
Mandevilla Jasmine Gardenia

25% Off
Early Blooming
Shrubs &
Perennials

50-65% Off Pottery
Washington Area's
Biggest Selection

Citrus, Fruit Trees,
Blueberries
& Herbs

FREE Fill
Bulk Mulch, Playground Chips
& Compost \$29.99/cu. yd.

Cravens Nursery & Pottery
9023 Arlington Blvd.,
Fairfax, Virginia
2 miles west of I-495 on Rt. 50,
1 mile from I-66 (Vienna Metro)
703-573-5025
Open 7 days a week
Visit our new Web site:
www.cravensnursery.com

Follow us:
[Facebook](https://www.facebook.com/cravensnursery)
[Twitter](https://www.twitter.com/cravensnursery)
[YouTube](https://www.youtube.com/cravensnursery)
[Instagram](https://www.instagram.com/cravensnursery)

Summer Concert on the Green

Celebrate Great Falls
Sunday, August 4
6pm to 8pm
Great Falls Village Centre Green at the Gazebo

Atlas Road Crew
Come see Great Falls Native, Patrick Drohan, perform on drums with this classic southern rock band.

Summer Concerts on the Green
Concerts are held weekly every Sunday during the summer.
Come out with your picnic baskets and chairs for an entertaining evening of live, free music.

Thank you to our Sponsor
your natural CONNECTION TEAM
Glynis & Kevin are Your Natural Connection in Real Estate. If you're thinking about buying or selling, call us today!
GLYNIS CANTO (703) 395-2355
KEVIN CANTO (703) 338-9416
WWW.GLYNISCANTO.COM
Celebrate Great Falls Foundation
www.CelebrateGreatFalls.org

NEWS

The scouts working with Patrick Ryan to complete his Eagle Project take a watermelon break in the 105 degree weather. From left are: Sam Tappan, Ethan McDonnell, Jeremy Robertson, Lauren Zhao, Patrick Fouse, Timmy Feng, Jack Bush, Thomas Windus, Saif Murad, John Fouse and Patrick Ryan.



PHOTOS CONTRIBUTED



Patrick Ryan and Adam Procell work on Patrick's Eagle Scout project at the end of the first day, holding the gate constructed by the scouts.

Becoming an Eagle Scout

Patrick Ryan improves Camp Fraser for Eagle Scout project.

Patrick Ryan, a Life Scout in Boy Scout Troop 55 of Great Falls, is going for the Eagle Scout rank. With the help of many scouts and leaders, he started his Eagle Project on Thursday, July 18 and completed it on Saturday, July 20. The goal for the project was to construct a 36x16 square foot garden at Camp Fraser in Great Falls. Patrick developed and implemented the project with Adam Procell, the on-site coordinator for Camp Fraser.

The garden is to be used by underserved populations of children in D.C. Here the children will grow their own vegetables, experience hands-on outdoor education and learn about sustainability. The perimeter of the garden is surrounded by a wooden split-rail fence and within the garden, there are four garden boxes composed of landscape timbers. One of the garden boxes is raised to allow children with disabilities to also participate in gardening activities. The project also included an attached swinging gate as well as a raised metal fence attached to the fence posts to prevent access to animals.

Camp Fraser is located at 101 Springvale Road in Great Falls. It is owned by The Calvary Baptist Church in D.C. The church has partnered with Outdoor Living Classrooms to provide underserved populations of D.C. youth access to the outdoors and hands-on educational experiences.



Patrick Ryan stands with his completed Eagle Scout project. He completed the 36x16 square foot garden at Camp Fraser in Great Falls with the help of friends and fellow scouts.

FAITH NOTES

Faith Notes are for announcements and events in the faith community. Send to greatfalls@connectionnewspapers.com. Deadline is Friday.

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers musical, educational, outreach and fellowship ministries in addition to worship services, including a 7:45 a.m. worship service without music; 9 a.m. worship service, children's chapel and children's choirs; 10 a.m. Sunday school and adult forum; and 11 a.m. worship service with adult choir. 703-759-2082.

The summer worship service schedule July 14-Sept. 1 at **Redeemer Lutheran Church**, 1545 Chain Bridge Road, McLean is a 9 a.m. contemporary service and a 10:30 a.m. traditional worship service.

Unitarian Universalist Congregation of Fairfax, 2709 Hunter Mill Road, Oakton, offers the Religious Exploration (RE) program for all children, from pre-K toddlers through high school seniors, emphasizing exploration of all religious traditions while developing a personal spiritual path. The RE program offers classes on Saturday afternoons and Sunday mornings. 703-281-4230.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

St. Dunstan's Episcopal Church, 1830 Kirby Road in McLean, holds a third Sunday service every month at 10:15 a.m. which allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at 8:15 and 10:15 a.m.

WWW.CONNECTIONNEWSPAPERS.COM

Visit These Houses of Worship

To Highlight Your Faith Community, call Karen at 703-917-6468

Welcoming, Diverse, Progressive

**ST. ANNE'S
EPISCOPAL
CHURCH • Reston**



8:00 a.m. Holy Eucharist, Rite I
10:00 a.m. Holy Eucharist, Rite II
5:00 p.m. Come Just as You Are Contemporary Service

Nursery care provided at 10:00 a.m. service

The Rev. James Papile, Rector
The Rev. Laura Cochran, Assoc. Rector

703-437-6530

www.stannes-reston.org
1700 Wainwright Dr., Reston

FIRST BAPTIST CHURCH OF VIENNA

**450 ORCHARD STREET, NW
VIENNA, VA 22180
703-938-8525
fbcvoffice@verizon.net
www.fbcv.org**

**SUNDAY WORSHIP, 7:45 AM & 11:00 AM
CHURCH SCHOOL 9:30AM-10:30AM
MIDWEEK SERVICES, WED. 7:00 PM**

- | | | |
|--|---|---|
| <p>Assembly of God
Vienna Assembly of God ... 703-938-7736
Cristo Es Mi Refugio ... 703-675-0144
Baha'i
Baha'i Faith for Northern Virginia ... 703-821-3345
Baptist
Global Mission Church ... 703-757-0877
Peace Baptist Church ... 703-560-8462
Bethel Primitive Baptist Church ... 703-757-8134
Cartersville Baptist Church ... 703-255-7075
Fellowship Baptist Church ... 703-385-8516
First Baptist Church ... 703-938-8525
The Light Mission Church ... 703-757-0877
Vienna Baptist Church ... 703-281-4400
New Union Baptist Church ... 703-281-2556
Church of the Brethren
Oakton Church of the Brethren ... 703-281-4411
Catholic
Our Lady of Good Counsel ... 703-938-2828
St. Athanasius Catholic Church ... 703-759-4555
St. Mark's Catholic Church ... 703-281-9100
Charismatic
New Song Church ... 703-698-9777
Church of Christ
Berea Church of Christ ... 703-893-7040</p> | <p>Disciples of Christ
Antioch Christian Church ... 703-938-6753
Episcopal
Church of the Holy Comforter ... 703-938-6521
Church of the Holy Cross ... 703-698-6991
St. Francis Episcopal ... 703-759-2082
Jehovah's Witness
Jehovah's Witnesses ... 703-759-1579
Lutheran
Emmanuel Lutheran Church ... 703-938-2119
Christ The King Lutheran Church ... 703-759-6068
St. Athanasius Lutheran Church ... 703-455-4003
Methodist
Andrew Chapel United Methodist ... 703-759-3509
Church of the Good Shepherd ... 703-281-3987
The Vine Methodist Church ... 703-573-5336
Ephiphany United Methodist ... 703-938-3494
Great Falls United Methodist ... 703-759-3705
Oakton United Methodist ... 703-938-1233
Vale United Methodist ... 703-620-2594</p> | <p>Smith Chapel United Methodist ... 571-434-9680
Wesley United Methodist ... 703-938-8700
Non-Denominational
Celebration Center for Spiritual Living ... 703-560-2030
Presbyterian
Grace Orthodox Presbyterian Church ... 703-560-6336
Korean Central Presbyterian ... 703-698-5577
Vienna Presbyterian ... 703-938-9050
Quaker
Langley Hills Friends ... 703-442-8394
Seventh-Day Adventist
Northern Virginia Christian Fellowship ... 703-242-9001
Vienna Seventh Day Adventists ... 703-938-8383
Unitarian Universalist
Congregation of Fairfax ... 703-281-4230
United Church of Christ
Emmaus United Church of Christ ... 703-938-1555
Unity
Unity of Fairfax ... 703-281-1767</p> |
|--|---|---|



PEOPLE

Reviving the Art of Kashmir

Aliyah Pandolfi is the founder and CEO of Al-Kareem Foundation, a nonprofit organization based in Great Falls. In May 2013, Pandolfi launched a project under the name of Kashmir-Rose, in which she sold hand-made clothing at the Great Falls Community Farmers Market, with a goal of helping to revive fine Kashmir arts and return them to modern style.

The Kashmir shawl was first introduced to the West when Napoleon Bonaparte presented his wife, Empress Josephine, with a gift of luxury. Thereafter, the Kashmir shawl was considered an expression of love, fashion and status among European nobility. Under

decades of war and occupation, the artists' ability to market their products diminished. Through Kashmir-Rose, the great art of Kashmir is reborn.

To support Kashmir-Rose products and projects, please visit the Great Falls Community Farmers Market on Saturdays between 9 a.m. and 1 p.m., online at www.kashmir-rose.com, or at Bed Headers Home, located in the Great Falls Village Center.

Profits from the sale of the products support education, training, job creation and environmental protection programs in Kashmir.

Anyone interested in hosting an art gallery for Kashmir-Rose should contact Pandolfi at aliyah@kashmir-rose.com.



PHOTOS CONTRIBUTED
Aliyah Pandolfi wearing a Poshkar Jama shawl at Bed Headers Home.

TWO POOR TEACHERS

Kitchen and Bathroom Remodeling

We Bring the Showroom to YOU!!



Select your remodeling products from our Mobile Kitchen and Bathroom Showroom and Design Center!!



Standard & Premium Bath Packages!

Visit our website for details!

Free Estimates
703-969-1179

www.twopoorteachers.com

Fully Insured & Class A Licensed
EST. 1999

THIS IS "HELENA"



Helena is a very sweet, playful gal that is just a tad on the shy side. But she will gladly be your friend if you have a toy mouse around to play with! She loves being with her litter mates.



HUMANE SOCIETY OF FAIRFAX COUNTY

Hours: Monday-Friday 10-4 and Saturday 10-3 • 703-385-PETS
Adoptions: By appointment only. • www.hsfc.org

Be a part of our **Wellbeing** pages, the first week of every month.

Delight in our **HomeLifeStyle** sections, the second week of every month. Peek at the top real estate sales, glimpse over-the-top remodeling projects, get practical suggestions for your home.

Celebrate students, camps, schools, enrichment programs, colleges and more in our **A-plus: Education, Learning, Fun** pages, the third week of every month.

Questions? E-mail sales@connectionnewspapers.com or call 703-778-9431



LAND BARGAIN!



Mountain Homesite at Deep Creek Lake!

only \$79,900! Adjacent lot sold for \$259,900

Boating - Golfing - Skiing and much more!

All infrastructure and amenities complete.

Find out how we can offer these **spectacular deals at 70% off!**

Excellent financing.

Open 8am - 8pm every day!

Call now: **877-888-7581 x84**

Brokerage services provided by: GLS Realty, LLC • Office: 301-387-8100 • Robert Orr, Broker in charge

Pediatric & General Top-Rated Dentistry

We're happy to welcome **Dr. Courtney Marzban** to our practice.

She is coming to us from **Children's Hospital in Washington, D.C.**



Bi-Monthly Drawing for No-Cavity-Club Winner

- Bleaching
- Nitrous Oxide
- Wi-Fi Available
- Special Needs Patients
- Cosmetic Restorations
- IV Sedation Available

Heidi Herbst, DDS
Howard Mitnick, DDS
Nooshin Monajemy, DDS
Courtney Marzban, DMD

Sterling, VA

703-444-3710

www.sterlingvasmiles.com

Gentle Touch Dental Care For Over 20 Years!

SPORTS

Enjoyable Season at Hamlet

Q&A with Langley High tennis players Pilkinton and Lewis.

By JULIE IANNONE
THE CONNECTION

Following a trip to the tennis state championship last spring, close friends and teammates Will Pilkinton, 15, and Chase Lewis, 17, are bound to lead Langley High School in a gripping 2014 season.

At what age did you start playing tennis?

Pilkinton: I started playing at 3 years old. Seriously.

Lewis: I started playing when I was 11 years old.

What sparked your interest?

Pilkinton: When I was younger I went to the pool and became bored with swimming. I wanted variety, so I went to the tennis courts and started hitting balls against the wall. I made friends there, and the coaches gave me some pointers.

Lewis: My dad played when he was a student at Langley High School. I first took an interest in the game because he plays, and at The Hamlet the coaches made the sport fun.

Describe your most rewarding match.

Pilkinton: I remember winning my first USTA tournament. It was very hot, and I won 6-3 against a higher ranked player.

Lewis: Our Langley team won decisively over McLean High School in the regional semi-finals during my sophomore year.

What have been the highlights of summer training at Hamlet Swim and Tennis Club?

Pilkinton: I have enjoyed becoming friends with the coaches, Darius Firouzgar and Ivan Pizarro, and improving my tennis skills.

Lewis: I have access to great coaches and training facilities at The Hamlet.

What do you think of the tennis opportunities in the McLean area?

Pilkinton: There are great opportunities at The Hamlet, especially having access to both hard and clay surfaces. Darius and Ivan have been great mentors. I have also played in tournaments at The Regency Sport and Health Club, which has great facilities as well.

Lewis: The McLean area presents several opportunities for kids to grow as tennis players. We have the advantage of both hard and clay courts.

What are you looking forward to most for the upcoming school season?

Pilkinton: I look forward to seeing all of the great players next year.

Lewis: I am looking forward to helping lead our team to win the state championship.

What is your favorite memory of playing tennis during high school?

Pilkinton: My favorite memory was watching my team play in the tennis state finals against Thomas Jefferson High School.

Lewis: I remember the fun in playing and getting better as an individual and as a team player with my friends.

How have you improved your game this year?

Pilkinton: I have been practicing every day and working hard.

Lewis: I have strengthened my backhand and overall development in all aspects of the game.



From left: Will Pilkinton, Hamlet coach Ivan Pizarro, Chase Lewis.



Will Pilkinton

Hometown: McLean
Age: 15
School: Langley High School
Favorite subjects: Math and science
Activities/interests: Tennis, soccer, eating, working out and TV.
Tennis experience: This past year was my first year on the Langley High School tennis team where I played doubles matches. I have also played in some USTA (United States Tennis Association) tournaments.



Chase Lewis

Hometown: McLean
Age: 17
School: Langley High School
Favorite subjects: Tennis and math
Activities/interests: I enjoy tennis, hanging out with friends, and making money working on The Hamlet courts and cutting lawns in my neighborhood.
Tennis experience: Last season on Langley High School's team I won 19 matches and lost one. I was named first team all region.

Which skills do you hope to improve in the future?

Pilkinton: I would like to improve my overall consistency in all aspects of the game.

Lewis: I hope to improve my physicality and my serve.

What is the team spirit and camaraderie like at Langley and Hamlet?

Pilkinton: At Langley the players are a great group of guys that work and play well together as a team. We also have a great team at The Hamlet. Everyone pitches in, including the parents, to make the season enjoyable.

Lewis: There is great team spirit at both Langley and The Hamlet, which makes them great environments for playing and for improving my skills.

Do you have tennis aspirations beyond high school?

Pilkinton: I would like to improve my game and apply for a scholarship to play in college.

Lewis: I would love to play throughout college and have it be a life long sport.

Finally, who's your favorite tennis player and why?

Pilkinton: My favorite player is Gael Monfils because he is fun to watch. He is exciting on the court and hits spectacular shots.

Lewis: My favorite player is Gael Monfils because he is so entertaining.

PHOTOS COURTESY OF LES PILKINTON



PHOTOS BY MORGAN SASSER/THE CONNECTION

(From left): Julia Bullock, assistant coach Andrew Hwang, Emmy Mohler (homeschooled, age 12), Maria Baird and Callie Goodwin (Ambleside School, age 12) have all enjoyed summer lessons at Great Falls Swim and Tennis.

Having Fun on the Tennis Court

Great Falls Swim and Tennis Club season comes to an end.

By MORGAN SASSER
THE CONNECTION

At the Great Falls Swim and Tennis Club, young players have found that sweating in the July heat can still be an enjoyable and engaging experience. Through summer lessons and team practices, these students have had the opportunity to improve their skills on the court while making new connections with their fellow players and coaches.

The junior tennis program at the club is directed by coach Alan Graves, who has been coaching for 35 years. Graves also works with Kyle Duncan, the director of adult tennis at the club, as well as several assistant coaches who aid in summer practices. A former Virginia State Doubles Champion, Graves has been with Great Falls Swim and Tennis for a decade and has worked hard to teach his players to share his love for the sport. "They call tennis the sport of a lifetime," he said. "I want [my students] to learn to enjoy it, hopefully for many years."

In the summer, Graves holds practices for the competitive tennis team in the morning, followed by lessons in the afternoon for other students. The GFST tennis team competes in the Northern Virginia Tennis League in the summer; the season begins in June and will conclude with their final practice



Flint Hill student Kate Walker, 12, counters a serve from her coach.

on the first of August.

In addition to team practices, Graves welcomes players of all skill sets and age groups to take lessons in a group, private or semi-private setting. "Our biggest selling point is making sure that it's fun," says Graves. "If it isn't fun, they won't want to continue. I want to see kids feel better about themselves as people through tennis."

Most lessons begin with a warm-up followed by games that are both entertaining and instructional as students practice specific skills. Homeschooled student Maria Baird, 13, says that her favorite game is "Sleeping Giant."

Those interested in tennis at the club can visit www.gfsant.com to schedule lessons or learn more about the program.



PHOTO COURTESY OF WIHS

Elizabeth Kruse of McLean is the 2013 Youth Ambassador for the Washington International Horse Show.



PHOTO BY LIZA GURSKIS

Natalie Ralston, 15, of Great Falls, with Meredyth von Seelen's horse. Ralston is on the WIHS Junior Committee.

Youth Ambassador

Elizabeth Kruse of McLean named youth ambassador for Washington Horse Show.

The Washington International Horse Show (WIHS), one of the world's most prestigious equestrian events, has chosen Elizabeth Kruse of McLean as youth ambassador of the 2013 show. As WIHS youth ambassador, Kruse is the voice for young equestrians in the Washington, D.C. metro area and she oversees the Junior Committee, which consists of 20 members from the area.

Kruse, 16, is a rising junior at Langley High School who showed for the first time at WIHS last year and competed at the WIHS Regional Horse Show in 2009. She has attended the WIHS for many years with her family and friends and was a member of the Junior Committee in 2012.

As WIHS youth ambassador, Kruse will continue to build youth programs and special opportunities for the Junior Committee and the show in order to engage in the community from young rider events to Barn Night and Kids' Day. The Junior Committee is made up of students from public, charter and private schools and new members join every year as the current students graduate and go to college.

The 2013 Junior Committee includes 20 members, 12 of whom are from the Washington, D.C. metropolitan area: Mary Elizabeth Cordia, 15, of St.

Stephens & St. Agnes School, who started riding on her 7th birthday and won the Laura Pickett Trophy for Excellence in Horsemanship in 2012; Miriam Dupree, 15, of The Potomac School, who started riding at age 3; Olivia McCarren, 13, of Westland Middle School, who started riding at age 7 and is in her second year on the committee; Caroline McGranahan, 16, of Langley High School, who started riding at age 10; Rachel Michael, 14, of The Madeira School, who started riding at age 6 and is in her third year on the committee; Hanna Powers, 16, of the Madeira School, who led the committee as youth ambassador in 2012; Natalie Ralston, 15, of Langley High School, who started riding at age 7; Gaby Ruff, 16, of Thomas Edison High School, who started riding at age 12; Casey Schmitz, 16, of Stone Bridge High School, who started riding at age 5; Jenny Searles, 14, a home-schooled student who has been riding since age 7 and plans to represent the state of Maryland in the 4-H Eastern National Horse Bowl competition in Louisville, Ky. in November; Isabel Stettinius, 14, of Foxcroft School, who started riding at age 5; and Erin Suidikas, 17, of WT Woodson High School, who started riding at age 7 and is in her second year on the committee.



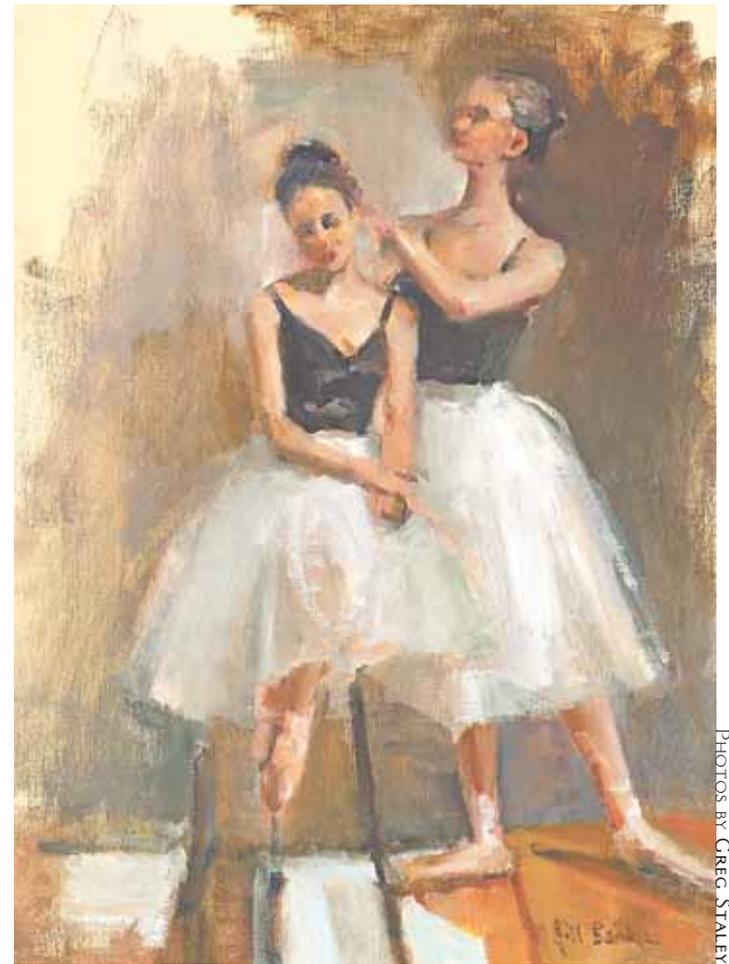
PHOTO BY DEANNE MCGRANAHAN

Caroline McGranahan, 16, Great Falls (Junior Committee).



PHOTO BY PAUL POWERS

Hanna Powers, 16, Great Falls, (WIHS Jr. Committee).



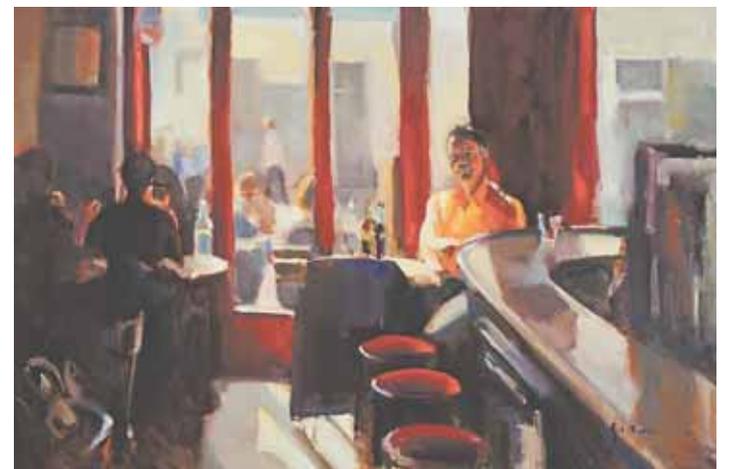
PHOTOS BY GREG STALEY

"Ballerinas I," oil by Jill Banks, with the two dancers from the Nashville Ballet Company who modeled at the gallery where Banks' work was on exhibit this past April. Two paintings from that session are part of Banks' "Serendipity" exhibit.

Jill Banks to Give Free Public Painting Demonstration

"Serendipity," award-winning artist Jill Banks' solo exhibit of over 20 oil paintings created on the streets of Paris and more local spots, figurative works, and those other subjects she was lucky enough to capture on canvas, continues at the Great Falls Library, 9830 Georgetown Pike through Aug. 31. Banks will be giving a free public painting demonstration on Saturday, Aug. 10, 1-4 p.m. and guests will be invited to partici-

pate—sketching with provided pencils or crayons—or just sit back and watch the show. Two dancers from the School of Theatrical Dance in Great Falls will be modeling for that painting session. RSVP for the Aug. 10 event through Banks' website. Seats are limited. The exhibit is open during regular library hours. See www.JillBanks.com for online preview of the exhibit and for more information. 703-403-7435.



"Seat by the Window: Montmartre," oil, by Jill Banks.

"Chemo-Nosabe"



By KENNETH B. LOURIE

Although I've not seen the current "The Lone Ranger" theatrical release, I am of a certain age and generation who grew up watching - on black & white television with NO remote control and only THREE watchable channels - the original "The Lone Ranger" (starring Clayton Moore and Jay Silverheels), along with other weekday-afternoon and Saturday-morning classics like "The Rifleman," "Roy Rogers," "Sky King," "Superman," "Leave It To Beaver" and "Ozzie and Harriet" - in my house, anyway. And though the "effects" weren't nearly as "special" as they are in today's movie/television productions/versions, nevertheless, the effects on me, personally, were far greater. Can you say wholesome goodness? The Golden Rule? Do unto others...

What little I know about life and death and sickness, I wasn't learning from these programs. And since I was raised in an extremely healthy household with an extended family that didn't seem to be too sick, too often, my upbringing had zero exposure to cancer - other than asking a girl for her astrological sign. Even into my adulthood, I had very little experience with this dreaded disease, and when I got married and connected with an entirely new and different set of people/backgrounds, cancer was amazingly still not impacting our lives. Obviously, we were all very lucky.

Well, I certainly know about it now: stage IV, non-small cell lung cancer (the terminal kind) diagnosed at age 54 and a half. Thank God my parents weren't alive when I was diagnosed; I imagine the news would have taken years off their lives. As it was, they lived full lives and died at 87 and 86; my widowed mother having died nearly three months before my diagnosis was confirmed. Certainly my parents would have provided great comfort to me, but predeceasing me was probably the best.

And what's also been for the best, since my diagnosis, is what I've learned about my situation, a situation unlike any with which I've had experience. Previous to my diagnosis, my knowledge on the cancer subject would likely have fit on the head of a pin. Now, it's a bit more, not too much, but more than enough, as you regular readers know. And mostly that knowledge has to do with chemotherapy and targeted treatment, the two primary treatment protocols for stage IV lung cancer patients (stage IV means the cancer has metastasized and is inoperable; there is no stage V).

The most distressing thing I've learned is that chemotherapy/targeted treatment is no friend of mine; more like a necessary evil with no guarantees of success. Though these treatments may be an enemy of the cancer/tumors, they are no silver bullet and no Clayton Moore-type life saver (maybe if my oncologist wore a mask and yelled "Hi-Yo Silver" every time he saw me, my progress would be different). Granted, I've survived way longer than I was originally "prognosed" to do so ("13 months to two years"), for which I'm extremely grateful and fortunate. However, only reruns last forever.

Perhaps the years I spent watching these programs instilled in me a certain positive hopefulness that somehow things would work out OK. So far they have. And even though these shows have mostly disappeared from the airwaves, I haven't. See you next week. I'll be write here.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

EMPLOYMENT

703-917-6464

ZONE 6 Ad DEADLINE:
TUESDAY 11 A.M.

CLASSIFIED

703-917-6400

ZONE 6 Ad DEADLINE:
MONDAY NOON

Employers:
Are your recruiting ads not working in other papers?

Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers
Great Results!

VETERINARY RECEPTIONIST

Small animal hosp. Great Falls. Will train. 703-757-7570 • www.ourvets.com

DENTAL FRONT DESK

F/T position in quality cosmetic-oriented practice in Burke, Va. Great staff and salary. Experience preferred. Call 703-978-5660.

Drivers: Home Nightly!

Fredericksburg Van Runs
CDL-A w/1yr Exp. Req.
Estenson Logistics.
Apply: www.goelc.com
1-866-336-9642

HOW TO SUBMIT ADS TO

THE CONNECTION
Newspapers & Online

CLASSIFIED • CHOOSE 1 TO 6 ZONES
E-mail classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

EMPLOYMENT • CHOOSE 1 TO 6 ZONES
E-mail classified@connectionnewspapers.com
or call Andrea @ 703-778-9411

CLASSIFIED

703-917-6400

ZONE 6 Ad DEADLINE:
MONDAY NOON

CLASSIFIED

The biggest things are always the easiest to do because there is no competition.
-William Van Horne

21 Announcements 21 Announcements

NOVENA TO THE SACRED HEART AND ST. JUDE
May the Sacred Heart of Jesus be praised, adored, glorified and loved throughout the whole world both now and forever

Sacred Heart of Jesus, have mercy on us
St. Jude, apostle of miracles, pray for us
St. Jude, helper of the helpless, pray for us

This novena is to be said 9 times a day for 9 consecutive days.
At the end of that time your prayer will be answered

101 Computers 101 Computers

HDI COMPUTER SOLUTIONS

JENNIFER SMITH ♦ Serving the Area Since 1995

- > Speed up Slow Computers
- > Troubleshooting
- > Virus Removal
- > Computer Setup



(571) 265-2038 ♦ jsmithhdi@aol.com

21 Announcements 21 Announcements 21 Announcements

THIS AD FOR SALE!

Reach across Virginia with this ad!
No other media offers the audience of loyal, local, repeat readers you'll reach through community newspapers!

71% of American adults have used a newspaper, a newspaper website and/or a newspaper mobile source in the past 30 days. (Scarborough Research 2012)

Virginia Press Services will run this business card-size display ad across Virginia for one low discounted price. For more details, call Adriane at 804-521-7585.

Virginia PRESS Services

21 Announcements 21 Announcements 21 Announcements

AUCTION 5 FORECLOSURES BY FORTIS

#1	CURRENTLY LEASED	#2	A 10,000 GALLON & 6,000 GALLON TANK
12,183± SF SHOPPING CENTER, 4 UNITS, 0.79± AC 390 EAST KING ST, STRASBURG, VA 22657	BUILDING FRONTS E. KING ST	2,975± SF GAS-N-GO 2 RESTAURANTS, 0.58± AC 1709 BERRYVILLE PIKE, WINCHESTER, VA 22603	
#3&4: 2 SELF-STORAGE FACILITIES, FRONT ROYAL - #5: RESIDENTIAL LOT, WOODSTOCK			
TUES, 8/20 VISIT MOTLEYS.COM FOR LOCATION/TIMES			
motleys.com 877-668-5397			

21 Announcements 21 Announcements 21 Announcements

Hatteras Island Vacations

Nearly 600 Vacation Homes on Cape Hatteras National Seashore. Oceanfront to Soundfront. Private Pools, Hot Tubs, Pets and more!

Book Online at HatterasRealty.com
877-935-0573

21 Announcements 21 Announcements 21 Announcements

New surgical help for MACULAR DEGENERATION

Call to see if you are a candidate for the Implantable miniature telescope

Free phone consultation with Dr. Armstrong, Optometrist

Offices in: Roanoke, Charlottesville, Harrisonburg, Wytheville

(866) 321-2030

Dr. David L. Armstrong VirginiaLowVision.com

21 Announcements 21 Announcements 21 Announcements

AMERICALAWGROUP.COM with 13 Virginia Offices BANKRUPTCY* or DEBT ADJUSTMENT*

For help call 804 Debt Law (332-8529) Debt Relief Agency

Plain & Simple **DIVORCE*** Easy Payments

Separation Agreements. 804-245-7848 Agreed custody & support.

Social Security **DISABILITY*** Veteran Disability

*Call for fees & restrictions. America Law Group Inc.

7825 Midlothian Pike, Richmond 23235 Jfellows

BATHS

CUSTOM BATHROOM REMODELING & MORE!
BY CAPITOL BATH, INC.
Tile & Marble Installation/Repair
Tub & Tile Resurfacing • Tile Regrouting
General Carpentry • Drywall Repair
Angie's list Licensed & Insured • 703-739-1118

IMPROVEMENTS

Picture Perfect Home Improvements
(703) 590-3187 www.pphionline.com
Remodeling Bathrooms, Kitchens & Basements
• FREE Estimates Exterior & Interior Repair,
• FAST & Reliable Service Painting, Carpentry, Wood Rot,
• EASY To Schedule Drywall, All Flooring, Decks
• NO \$\$\$ DOWN!
Handyman Services "If it can be done, we can do it"
Available Licensed — Bonded — Insured

HAULING

AL'S HAULING
Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA
703-360-4364
703-304-4798 cell
7 DAYS A WEEK

LANDSCAPING

A&S LANDSCAPING
Planting • Mulching • Sodding
Patios • Decks • Driveway Sealing,
Asphalt • Retaining Walls
Erosion Control • Drainage Solutions
703-863-7465

Remodeling Interior,
Bathrooms, Kitchens,
Floors, Ceramic Tile,
Painting, Decks,
Fences, Additions.
240-603-6182

CLEANING

A CLEANING SERVICE
Since 1985/Ins & Bonded
Quality Service at a Fair Price
Satisfaction Guaranteed-
Angies List 2011-Super Service Award!
Comm/Res. MD VA DC
acleansingserviceinc.com
703-892-8648

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION
**BATHROOM REMODELING, DRYWALL,
PAINTING, CERAMIC TILE, CARPENTRY,
POWER WASHING & MUCH MORE**
You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
Licensed Insured We Accept VISA/MC
703-441-8811

ANGEL'S HAULING
Junk Trash Removal,
Yard/Construction
Debris, Garage/Base-
ment Clean Out,
Furniture & Appl.
703-863-1086
703-582-3709
240-603-6182

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris
Trimming & Topping
Gutters & Hauling
Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

ELECTRICAL

K&D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated
Recessed Lighting Ceiling Fans
Phone/CATV Computer Network Cabeling
Service Upgrades Hot Tubs, etc...
Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

R&N Carpentry
♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

PAVING

GOLDY BRICK CONSTRUCTION
Walkways, Patios, Driveways,
Flagstone, Concrete
FREE ESTIMATE
LIC. INS AND BONDED
703-250-6231

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards
PINNACLE SERVICES
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

LANDSCAPING

J. REYNOLDS Landscaping LLC 703.919.4456
Free Estimates
www.ReynoldsLandscapingOnline.com Licensed / Insured
INSTALLATION SPECIALIST WET BASEMENT / WET YARD
Paver & Flagstone Water Proofing Foundations
Patios / Walkways Standing Yard Water
Retaining Walls French Drains / Swales
Stacked Field Stone Downspout Extensions
Plants / Trees / Shrubs Dry River Beds
•No sub-contractors, or day laborers. •15 Years Designing and Installing
•The Owner is physically on your job site. •On time and Professional.

ROOFING

Falcon Roofing
Roofing & Siding (All Types)
Soffit & Fascia Wrapping
New Gutters • Chimney Crowns
Leaks Repaired
No job too small
703-975-2375
falconroofinginc.com

IMPROVEMENTS

R.N. CONTRACTORS, INC.
Remodeling Homes, Flooring,
Kitchen & Bath, Windows,
Siding, Roofing, Additions &
Patios, Custom Deck, Painting
We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827 Fax: 703-830-3849
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com

LANDSCAPING

PINNACLE SERVICES, INC.
LAWN SERVICE
**MOWING, TRIMMING, EDGING,
MULCHING & TRIM HEDGES**
Friendly Service for a Friendly Price
703-802-0483

TREE SERVICE

Quality Tree Service & Landscaping
Reasonable prices. Licensed & insured
Summer Shape up...
Tree removal, topping, & pruning,
shrubbery trimming, mulching, leaf removal,
sodding, hauling, gutter cleaning, retaining
walls, drainage problems, etc.
20 yrs. of experience - Free estimates
703-868-5358

A&S Landscaping
• All Concrete work
• Retaining Walls • Patios
• Decks • Porches (incl. screened) • Erosion & Grading Solutions
• French Drains • Sump Pumps
• Driveway Asphalt Sealing
703-863-7465
LICENSED
Serving All of N. Virginia

MASONRY

ALBA CONSTRUCTION INC.
CONCRETE WORK
Licensed • Insured
Driveways • Patios • Exposed Aggregate
Sidewalks • Carports • Pool Decks • Garages
Flagstone • Brick • Stonework
703-204-0733

THE CONNECTION CLASSIFIED
Classified or Home • Lawn • Garden:
703-917-6400
Employment: 703-917-6464
E-mail: classified@connectionnewspapers.com

PAINTING

STRONG PACE CONTRACTORS
21 Yrs Exp. Class A License
Painting, Remodeling Specialists
703-328-6067
703-750-0749

**INTENSELY
INTERESTING**

**COMMUNITY
INVOLVED**

**COMMITTED TO
EXCELLENCE**

**THE CONNECTION
NEWSPAPERS**

www.connectionnewspapers.com

THE CONNECTION
to your community

- The Alexandria Gazette Packet
- The Mount Vernon Gazette
- The Arlington Connection
- The Burke Connection
- Centre View North
- Centre View South
- The Great Falls Connection
- The Fairfax Connection
- The Fairfax Station/Clifton/Lorton Connection
- The Oak Hill/Herndon Connection
- The McLean Connection
- The Reston Connection
- The Springfield Connection
- The Vienna/Oakton Connection
- The Potomac Almanac

- Great Papers
- Great Connections
- Great Readers!

THE SCHOOL OF THEATRICAL DANCE

Summer COMPANY



Session Class Name	Day(s)	Date(s)	Time	Instructor
• Summer Company IV* (Ballet and Contemporary)	M-Th	July 29-Aug	11-2pm	D'Alessandro
<small>SC IV* includes performance and mentoring for Special Olympics camp on Aug. 1. Because of this, rehearsal time may be added.</small>				
• Summer Company V (Broadway)	M-F	Aug. 5-9	11-2pm	D'Alessandro
• Summer Company VI (Pointe and Variations)	M-F	Aug. 12-16	11-2 pm	D'Alessandro
• Summer Company VII (Hip Hop and Jazz)	M-F	Aug. 19-23	5-8pm	Stokes

Summer Company Workshops (rising level V and up) Each Summer Company session serves to challenge and fine tune the skills of each dancer in the particular genre. Classes feature individual attention and movement analysis, and include warm-up, technique exercises, stretching, combinations and choreography. For evening sessions - Open House Fri. 6pm. For daytime sessions - Open House Fri. 1pm
Tuition is \$350 for the first two; and \$300 for any additional.(Dates times are subject to change depending on enrollment. Minimum six students to run sessions as scheduled).

PRIVATE DANCE TRAINING AVAILABLE DANCE AND FITNESS CLASSES ONGOING

Aerobics M/W/F 9-10 (\$80 for 10, walk-in \$15) Fields, Mclean

Pilates M 11-12 (Beg.Int) TH 9:15-10:15 (Adv.) 11:30-12:30 (Beg.) Will be on break in Aug. Anthony

Contemp./Classical (Int./Adv.) T/F 10:30-12 (Will be pre-empted by camps some weeks in Aug. \$25 /class., \$100/5 classes) D'Alessandro

Zumba W 10:15-11:15 (\$25 for 5. Will be on break in Aug.) Soyka



Congratulations on a wonderful performance to the cast of La Fortuna, Elements of Chi and At the Movies !

To Register: Please call 703.759.5652 or Contact us @ WWW.THEATRICALDANCE.COM

2013!

SOTD is a non-profit tax exempt educational organization which does not discriminate on the basis of race, religion, gender or national origin.